



AAA STANDARDS SCHEME

2007/2008

THE COMMON STANDARDS SCHEME

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The agreement reached in 1996 between representatives of the AAA of England and the Celtic Countries in respect of the recognition of common Track and Field Standards essentially remains in force. The performances listed hereunder (with the exception of non UK YAL competition for Under 13 age group athletes in N.Ireland) apply to all British Athletics, irrespective of whether any Country intends, or not, to make Certificates and/or Badges available to their athletes.

With the advent of data bases of performances it has been decided to completely revise the standards tables and to introduce standards for events which appear in the data bases which have not previously appeared in the tables. The Under 20 Women's 1500metres Steeplechase has been added, at the request of the Junior League. The method of revising the tables has been to look at the total number of performances recorded in the data bases and to try to pitch the standards such that the top 7.5% of performances would attain a grade 1 standard; the top 15% of performances a grade 2 standard; the top 30% a grade 3 standard; the top 65% a grade 4 standard. It is remarkable the number of standards which have had to be reduced to meet this criteria, whilst many others have been raised. The Standards for Senior athletes are for guidance only as there are no badges available for that age group. From this it follows that badges are to be reintroduced for the U20 age group (grades 1-3). With the change in title of the AAA it has been decided to change the style of the badge – the old AAA shield type badge has proved very popular with athletes when old stocks have been given alongside the circular badge and this influenced the decision to revert to the shield design. Unfortunately the cost of the badges has had to rise to £2 per badge; this would have had to occur whether or not the design was changed.

The indoor 60 metres and 60metres Hurdles standards have been fixed with two decimal places as most indoor competition now has the advantage of photo finish and, with the advent of new facilities, this would appear to be the path indoor competition is following.

Any queries on this Scheme should be addressed to Edwin Bellamy, 17 Parkdale, Barton upon Humber DN18 5EQ.
Telephone: 01652 633422. E-mail: ebellath@aol.com

AAA STANDARDS SCHEME

This Association will for the 2007 & 2008 Seasons, use the COMMON STANDARDS SCHEME incorporating the revisions referred to above. All the applicable Standards are listed in the following pages. Badges will be available for the FOUR Grades in the UNDER 17, UNDER 15 and UNDER 13 AGE GROUPS and THREE Grades in the UNDER 20 AGE GROUP, as defined by UK Athletic Rules.

The performance to be recognised must be achieved in the actual category of competition at 1) National, Territorial and County Championships; 2) at all Young Athletes and other League competitions, Open Meetings and Inter-Club Trophy Meetings; 3) at other approved meetings; and 4) at ESAA National, Regional and County Championships.

The Scheme is co-ordinated by the Territorial Associations from whom Certificates and or Badges are available. The Certificates, issued free, give details of addresses from which Athletes may obtain Badges at a cost of **£2.00 PLUS SELF ADDRESSED STAMPED ENVELOPE** for return of Badge. Clubs are encouraged to make bulk applications for their athletes.

1. The Standards set for ALL FIELD EVENTS in EACH AGE GROUP are based on the use of the implement weights and specifications as detailed under UK Athletic Rules. Standards are not set for the use of 'under' or 'over' weight implements. Similarly Standards for Hurdle/Steeplechase Events are based on the use of Hurdles/Barriers to the heights and spacings as defined by UK Athletic Rules.
2. Standards may be obtained for ALL Indoor Events additional to the 60 metres and 60m Hurdles using the relevant Tables.
3. Standards may be obtained in each or every single event contained within any Multi-Event competition.
4. Although Standards are listed for SENIORS it is NOT the intention to make BADGES available for this Age Group. They are included for use by Leagues etc.

Queries on the scheme may be addressed to the AAA Hon. Standards Officer, Edwin Bellamy, 17 Parkdale, Barton upon Humber DN18 5EQ. Telephone: 01652 633422. E-mail: ebellath@aol.com; to the Midland Counties AA or South of England AA at their registered HQ address as below. The Hon. Standards Officer would appreciate copies of full results (including all heats, finals and rounds) of all competitions. Organisers of athletic meetings are urged to ensure that full results of their meetings are provided to those who maintain performance databases as it is only by having the full range of performances recorded that the standards can be revised accurately.

Midland Counties AA Edgbaston House, 3 Duchess Place, Hagley Road, Edgbaston, Birmingham B16 8NH (NB it is probable that the Midland Counties AA will change their address in the duration of this leaflet).

Northern Athletics - E.S.BELLAMY, 17 Parkdale, Barton-upon-Humber. DN18 5EQ

South of England AA 4th Floor, Marathon House, 115 Southwark Street, London SE1 OJF

STANDARDS FOR MEN AND BOYS 2007/ 8

Senior Men

Event	Grade 1	Grade 2	Grade 3
100 metres	10.7 sec *	11.0 sec	11.3 sec
200 metres	21.7 sec *	22.2 sec	23.0 sec
400 metres	49.0 sec #	50.3 sec #	51.5 sec #
800 metres	1 min 51.8 sec #	1 min 54.5 sec #	1 min 57.5 sec #
1,500 metres	3 min 48.5 sec #	3 min 56.8 sec #	4 min 04.0 sec #
5,000 metres	14 min 15.0 sec #	14 min 50.0 sec #	15 min 15.0 sec #
10,000 metres	29 min 42.0 sec #	30 min 40.0 sec #	31 min 40.0 sec #
110 metres Hurdles	14.2 sec *	14.8 sec *	15.3 sec *
400 metres Hurdles	52.6 sec *	55.3 sec *	57.0 sec
3,000 metres Steeplechase	8 min 58.5 sec #	9 min 27.0 sec #	9 min 45.0 sec #
High Jump	2.03 metres #	1.85 metres #	1.77 metres #
Long Jump	6.90 metres #	6.45 metres #	6.05 metres #
Triple Jump	13.75 metres #	12.95 metres #	12.30 metres #
Pole Vault	4.70 metres *	4.30 metres #	4.00 metres
Javelin	59.50 metres #	51.90 metres #	46.20 metres #
Discus	46.75 metres #	41.25 metres #	37.45 metres #
Hammer	65.00 metres *	49.00 metres #	43.80 metres #
Shot	14.55 metres #	12.85 metres #	11.60 metres #
Decathlon	7400 points *	6650 points *	6000 points *
3,000 metres Walk	13 min 20.0 sec	13 min 40.0 sec	14 min 20.0 sec
10,000 metres Walk	47 min 00.0 sec	48 min 10.0 sec	50 min 30.0 sec

Indoor

60 metres	7.00 sec #	7.20 sec #	7.35 sec #
60 metres Hurdles	7.85 sec *	8.20 sec *	8.40 sec *
Heptathlon ^	5600 points	5200 points	4900 points

Under 20 Men

Event	Grade 1	Grade 2	Grade 3
100 metres	11.0 sec	11.2 sec *	11.5 sec *
200 metres	22.3 sec #	22.8 sec #	23.3 sec *
400 metres	49.9 sec *	51.1 sec #	52.5 sec *
800 metres	1 min 54.8 sec #	1 min 58.0 sec #	2 min 02.0 sec #
1500 metres	3 min 58.8 sec #	4 min 06.0 sec #	4 min 14.0 sec #
3,000 metres	8 min 44.0 sec #	9 min 00.0 sec #	9 min 20.0 sec #
5,000 metres	14 min 58.0 sec #	15 min 25.0 sec #	15 min 45.0 sec #
10,000 metres	30 min 50.0 sec	32 min 00.0 sec	33 min 10.0 sec
110 metres Hurdles	14.4 sec *	15.1 sec *	15.6 sec *
400 metres Hurdles	55.0 sec *	57.0 sec #	59.5 sec *
2,000 metres Steeplechase	6 min 05.5 sec *	6 min 17.0 sec #	6 min 34.0 sec #
High Jump	1.96 metres *	1.90 metres *	1.80 metres
Long Jump	6.60 metres #	6.15 metres #	5.85 metres #
Triple Jump	13.25 metres #	12.60 metres #	12.10 metres #
Pole Vault	4.40 metres *	4.10 metres *	3.70 metres *
Javelin	54.50 metres *	47.35 metres #	42.00 metres
Discus	43.80 metres #	38.00 metres #	34.75 metres #
Hammer	61.10 metres *	50.75 metres *	45.00 metres *
Shot	14.00 metres *	12.75 metres *	11.60 metres
Decathlon	6600 points *	6000 points *	5500 points *
3,000 metres Walk	14 min 30.0 sec	14 min 50.0 sec	15 min 30.0 sec
10,000 metres Walk	51 min 00.0 sec	52 min 40.0 sec	55 min 20.0 sec

Indoor

60 metres	7.10 sec #	7.25 sec *	7.40 sec
60 metres Hurdles	8.00 sec *	8.40 sec *	8.70 sec *
Heptathlon ^	5100 points	4700 points	4400 points

Under 17 Men

Event	Grade 1	Grade 2	Grade 3	Grade 4
100 metres	11.2 sec *	11.5 sec *	11.8 sec *	12.2 sec
200 metres	22.8 sec *	23.5 sec #	23.9 sec	24.9 sec #
400 metres	51.4 sec *	53.1 sec #	54.3 sec	56.7 sec #
800 metres	1 min 58.5 sec *	2 min 01.5 sec *	2 min 05.5 sec #	2 min 10.7 sec *
1500 metres	4 min 08.0 sec *	4 min 17.5 sec #	4 min 25.0 sec #	4 min 37.5 sec #
3,000 metres	8 min 57.5 sec *	9 min 20.0 sec	9 min 38.0 sec *	10 min 10.0 sec
100 metres Hurdles	13.7sec *	14.3 sec *	14.9 sec *	16.0 sec
400 metres Hurdles	57.1 sec *	59.5 sec *	61.6 sec *	64.7 sec *
1500 metres Steeplechase	4 min 31.0 sec #	4 min 43.0 sec #	4 min 55.0 sec #	5 min 10.0 sec
High Jump	1.90 metres	1.80 metres #	1.70 metres #	1.60 metres #
Long Jump	6.20 metres #	5.85 metres #	5.55 metres#	5.15 metres #
Triple Jump	12.85 metres #	12.25 metres #	11.75 metres #	10.80 metres #
Pole Vault	4.20 metres *	3.70 metres *	3.20 metres *	2.65 metres *
Javelin	51.40 metres *	44.50 metres #	39.00 metres #	31.55 metres #
Discus	41.85 metres #	34.60 metres #	29.90 metres #	22.90 metres #
Hammer	52.85 metres #	46.00 metres #	34.25 metres #	24.30 metres #
Shot	14.00 metres *	12.30 metres #	11.25 metres #	9.50 metres #
Octathlon	4950 points *	4400 points *	4000 points *	3350 points *
3,000 metres Walk	14 min 50.0 sec	15 min 10.0 sec	16 min 00.00 sec	17 min 00.0 sec
5,000 metres Walk	24 min 50.0 sec	25 min 45.0 sec	26 min 50.0 sec	27 min 50.0 sec

Indoor

60 metres	7.25 sec #	7.45 sec #	7.60 sec #	8.00 sec #
60 metres Hurdles	8.30 sec *	8.65 sec *	8.90 sec *	9.30 sec *
Pentathlon ^	3400 points	3000 points	2650 points	2300 points

Under 15 Boys

Event	Grade 1	Grade 2	Grade 3	Grade 4
100 metres	11.8 sec *	12.1 sec *	12.5 sec *	13.1sec #
200 metres	24.1 sec *	24.8 sec *	25.6 sec *	27.0 sec #
400 metres	54.4 sec#	56.1 sec #	57.9 sec *	61.6 sec #
800 metres	2 min 07.5 sec *	2 min 12.0 sec	2 min 16.0 sec *	2 min 23.5 sec *
1500 metres	4 min 27.5 sec #	4 min 36.5 sec #	4 min 44.0 sec	4 min 59.0 sec #
3,000 metres	9 min 26.0 sec *	9 min 43.0 sec *	9 min 56.0 sec *	10 min 25.0 sec *
80 metres Hurdles	12.0 sec #	12.5 sec	13.3 sec *	14.4 sec
High Jump	1.72 metres *	1.62 metres #	1.55 metres *	1.45 metres
Long Jump	5.75 metres #	5.35 metres #	5.10 metres #	4.70 metres #
Triple Jump	12.35 metres 8	11.80 metres *	11.20 metres *	10.20 metres
Pole Vault	3.30 metres *	2.90 metres *	2.70 metres *	2.20 metres #
Javelin	42.50 metres #	37.65 metres #	33.35 metres #	26.55 metres #
Discus	35.55 metres #	30.15 metres #	25.50 metres #	19.90 metres #
Hammer	45.00 metres *	36.25 metres *	28.00 metres #	20.50 metres #
Shot	12.75 metres *	11.50 metres *	10.55 metres *	8.90 metres #
Pentathlon*	2625 points *	2300 points #	2000 points *	1600 points
3,000 metres Walk	15 min 20.0 sec	15 min 55.0 sec	16 min 40.0 sec	17 min 30.0 sec

Indoor

60 metres	7.50 sec	7.80 sec #	8.10 sec	8.60 sec #
60 metres Hurdles	9.00 sec *	9.40 sec *	9.80 sec *	10.60 sec *
Pentathlon ^	2600 points	2200 points	2000 points	1600 points

Under 13 Boys

Event	Grade 1	Grade 2	Grade 3	Grade 4
75 metres	9.9 sec *	10.2 sec *	10.5 sec *	11.0 sec *
100 metres	13.0 sec	13.5 sec #	13.9 sec *	14.6 sec *
150 metres	20.2 sec #	20.9 sec #	21.8 sec #	22.9 sec #
200 metres	27.0 sec	27.9 sec #	29.0 sec	30.5 sec #
800 metres	2 min 23.0 sec	2 min 28.0 sec *	2 min 33.0 sec *	2 min 41.0 sec *
1500 metres	4 min 51.5 sec #	5 min 01.0 sec *	5 min 09.0 sec *	5 min 25.0 sec *
75 metres Hurdles	13.2 sec #	13.9 sec #	14.9 sec #	16.0 sec #
High Jump	1.47 metres *	1.36 metres #	1.30 metres	1.20 metres
Long Jump	4.65 metres #	4.35 metres #	4.10 metres	3.75 metres *
Javelin	32.70 metres #	28.00 metres #	23.50 metres #	17.65 metres #
Discus	27.15 metres *	22.00 metres *	17.75 metres *	14.00 metres *
Hammer ^	45.00 metres	40.00 metres	35.00 metres	28.00 metres
Shot	9.20 metres #	8.15 metres #	7.15 metres #	5.90 metres #
2,000 metres Walk	10 min 45.0 sec	11 min 15.0 sec	11 min 50.0 sec	12 min 45.0 sec

Indoor

60 metres	8.40 sec #	8.60 sec #	8.80 sec #	9.30 sec #
60 metres Hurdles	10.10 sec #	10.60 sec #	11.40 sec #	12.10 sec #

STANDARDS FOR WOMEN/GIRLS 2007/8

Senior Women

Event	Grade 1	Grade 2	Grade 3
100 metres	11.9 sec #	12.3 sec #	12.7 sec #
200 metres	24.3 sec #	25.1 sec #	25.8 sec #
400 metres	56.1 sec #	58.3 sec #	60.0 sec #
800 metres	2 min 09.5 sec #	2 min 15.0 sec #	2 min 19.0 sec #
1,500 metres	4 min 24.0 sec #	4 min 36.0 sec #	4 min 45.0 sec #
3,000 metres	9 min 40.0 sec #	10 min 12.0 sec #	10 min 44.0 sec #
5,000 metres	15 min 46.0 sec *	16 min 23.0 sec *	17 min 10.0 sec *
10,000 metres	31 min 50.0 sec *	33 min 45.0 sec *	34 min 10.0 sec *
100 metres Hurdles	14.0 sec	14.7 sec #	15.4 sec *
400 metres Hurdles	61.0 sec *	64.9 sec #	67.9 sec #
2,000 metres Steeplechase	6 min 41.0 sec *	7 min 00.0 sec *	7 min 15.0 sec *
3,000 metres Steeplechase	9 min 49.0 sec *	10 min 00.0 sec *	10 min 15.0 sec *
High Jump	1.72 metres #	1.65 metres #	1.60 metres #
Long Jump	5.65 metres #	5.25 metres #	5.00 metres #
Triple Jump	11.95 metres #	11.00 metres	10.45 metres *
Pole Vault	3.90 metres *	3.45 metres *	3.05 metres *
Javelin	39.30 metres #	34.50 metres #	31.20 metres #
Discus	40.00 metres #	33.70 metres #	28.75 metres #
Hammer	50.00 metres *	41.50 metres *	35.85 metres *
Shot	11.95 metres #	10.40 metres #	9.30 metres #
Heptathlon	5700 points *	5000 points *	4400 points *
3,000 metres Walk	15 min 00.0 sec	16 min 00.0 sec	17.00.0 sec
5,000 metres Walk	25 min 30.0 sec	27 min 30.0 sec	29 min 50.0 sec
10,000 metres Walk	53 min 00.0 sec	58 min 00.0 sec	61 min 00.0 sec

Indoor

60 metres	7.70 sec	8.00 sec #	8.20 sec #
60 metres Hurdles	8.40 sec*	8.70 sec *	9.00 sec *
Pentathlon ^	3900 points	3700 points	3400 points

Under 20 Women

Event	Grade 1	Grade 2	Grade 3
100 metres	12.3 sec #	12.7 sec #	13.0 sec #
200 metres	25.2 sec #	26.0 sec #	26.6 sec #
400 metres	57.5 sec #	59.2 sec #	60.7 sec *
800 metres	2 min 14.2 sec #	2 min 18.6 sec #	2 min 23.2 sec #
1500 metres	4 min 37.3 sec #	4 min 48.8 sec #	4 min 58.4 sec #
3,000 metres	10min 01.1 sec #	10 min 30.0 sec #	11 min 00.0 sec #
5,000 metres	15 min 41.0 sec *	16 min 10.0 sec *	16 min 50.0 sec *
100 metres Hurdles	14.5 sec *	15.2 sec *	16.1 sec *
400 metres Hurdles	62.8 sec #	67.2 sec #	69.5 sec *
1,500 metres Steeplechase ^	5 min 28.0 sec	5 min 36.0 sec	5 min 50.0 sec
High Jump	1.70 metres #	1.64 metres #	1.58 metres
Long Jump	5.40 metres #	5.10 metres #	4.80 metres #
Triple Jump	11.30 metres #	10.70 metres	10.15 metres *
Pole Vault	3.55 metres *	3.25 metres *	2.85 metres *
Javelin	37.40 metres #	32.75 metres #	29.50 metres #
Discus	35.00 metres #	29.30 metres #	25.10 metres #
Hammer	46.15 metres *	38.50 metres *	33.75 metres *
Shot	11.05 metres #	9.65 metres #	8.60 metres #
Heptathlon	5400 points *	4450 points *	2900 points #
Pentathlon	3200 points	2850 points	2350 points
3,000 metres Walk	15 min 50.0 sec	16 min 40.0 sec	17 min 50.0 sec
5,000 metres Walk	26 min 15.0 sec	28 min 00.0 sec	30 min 15.0 sec
10,000 metres Walk	58 min 00.0 sec	61 min 00.0 sec	65 min 00.0 sec

Indoors

60 metres	7.80sec	8.10 sec #	8.30 sec
60 metres Hurdles	8.60 sec *	9.00 sec *	9.40 sec *
Pentathlon ^	3500 points	3200 points	3000 points

Under 17 Women

Event	Grade 1	Grade 2	Grade 3	Grade 4
100 metres	12.5 sec	12.8 sec	13.1 sec *	13.5 sec *
200 metres	25.7 sec #	26.3 sec #	26.9 sec #	27.7 sec
300 metres	41.5 sec	42.7 sec *	44.0 sec *	46.1 sec #
400 metres	57.2 sec *	58.6 sec *	59.3 sec *	60.8 sec *
800 metres	2 min 16.5 sec *	2 min 21.5 sec *	2 min 26.0 sec *	2 min 32.5 sec *
1500 metres	4 min 43.5 sec *	4 min 55.5 # sec	5 min 04.5 sec #	5 min 20.5 sec #
3,000 metres	10 min 17.5 sec *	10 min 44.5 sec *	11 min 08.0 sec *	11 min 55.0 sec *
80 metres Hurdles	11.9 sec	12.3 sec #	12.8 sec #	13.7 sec #
300 metres Hurdles	45.5 sec *	47.1 sec *	49.0 sec *	51.9 sec *
High Jump	1.65 metres	1.59 metres *	1.54 metres *	1.45 metres *
Long Jump	5.25 metres #	4.95 metres #	4.70 metres #	4.40 metres #
Triple Jump	11.05 metres *	10.50 metres *	9.90 metres *	9.10 metres *
Pole Vault	3.45 metres *	3.10 metres *	2.70 metres *	2.30 metres *
Javelin	34.00 metres #	28.60 metres #	25.10 metres #	20.30 metres #
Discus	30.20 metres #	25.60 metres #	22.25 metres #	18.50 metres #
Hammer	38.00 metres *	31.25 metres *	25.75 metres *	19.00 metres #
Shot	10.15 metres #	8.75 metres #	7.85 metres #	6.65 metres #
Heptathlon	4360 points *	4075 points *	3770 points *	3175 points *
3,000 metres Walk	16 min 15.0 sec	17 min 20.0 sec	18 min 00.0 sec	19 min 00.0 sec
5,000 metres Walk	27 min 00.0 sec	28 min 30.0 sec	30 min 45.0 sec	32 min 45.0 sec

Indoor

60 metres	8.0 0sec	8.25 sec #	8.45 sec #	8.90 sec #
60 metres Hurdles	8.90 sec *	9.20 sec *	9.50 sec *	10.0 sec *
Pentathlon ^	3000 points	2700 points	2400 points	2100 points

Under 15 Girls

Event	Grade 1	Grade 2	Grade 3	Grade 4
100 metres	12.8 sec #	13.2 sec #	13.5 sec *	14.0 sec *
200 metres	26.6 sec #	27.2 sec #	27.9 sec #	28.9 sec *
300 metres	42.0 sec *	43.3 sec *	45.0 sec *	47.0 sec *
800 metres	2 min 21.0 sec	2 min 26.5 sec #	2 min 31.0 sec *	2 min 38.5 sec *
1500 metres	4 min 52.0 sec #	5 min 04.0 sec #	5 min 14.5 sec *	5 min 33.5 sec #
3000 metres ^	10 min 27.5 sec	10 min 36.0 sec	10 min 55.0 sec	11 min 40.0 sec
75 metres Hurdles	12.0 sec #	12.5 sec #	13.0 sec	14.3 sec #
High Jump	1.60 metres *	1.50 metres #	1.45 metres	1.36 metres *
Long Jump	5.00 metres #	4.65 metres #	4.45 metres #	4.15 metres #
Triple Jump^	10.40 metres	10.25 metres	9.90 metres	9.10 metres
Pole Vault	3.05 metres *	2.80 metres *	2.50 metres *	2.20 metres *
Javelin	28.70 metres #	24.25 metres #	20.50 metres #	16.10 metres #
Discus	25.70 metres #	21.85 metres #	19.15 metres #	15.15 metres #
Hammer	41.25 metres *	33.50 metres *	28.75 metres *	21.10 metres *
Shot	9.45 metres #	8.35 metres #	7.65 metres #	6.45 metres #
Pentathlon	2800 points *	2575 points *	2325 points *	1920 points *
2,500 metres Walk	13 min 40.0 sec	14 min 50.0 sec	15 min 50.0 sec	16 min 30.0 sec
3,000 metres Walk	16 min 30.0 sec	17 min 35.0 sec	18 min 40.0 sec	19 min 30.0 sec

Indoor

60 metres	8.20 sec	8.40 sec	8.60 sec *	9.00 sec *
60 metres Hurdles	9.30 sec *	9.70 sec *	10.00 sec *	10.50 sec *
Pentathlon ^	2800 points	2600 points	2500 points	1950 points

Under 13 Girls

Event	Grade 1	Grade 2	Grade 3	Grade 4
75 metres	10.4 sec #	10.7 sec	11.0 sec *	11.6 sec *
100 metres	13.5 sec #	14.0 sec #	14.4 sec *	15.2 sec
150 metres	20.5 sec	21.2 sec *	21.8 sec *	23.0 sec
200 metres	28.0 sec	29.1 sec #	30.2 sec #	31.9 sec #
800 metres	2 min 30.0 sec *	2 min 36.5 sec *	2 min 42.0 sec *	2 min 50.5 sec *
1200 metres	4 min 04.0 sec #	4 min 11.5 sec *	4 min 20.5 sec *	4 min 36.0 sec *
1500 metres	5 min 04.5 sec *	5 min 19.5 sec *	5 min 31.5 sec *	5 min 49.5 sec *
70m Hurdles	12.0 sec	12.7 sec *	13.2 sec *	14.6 sec *
High Jump	1.40 metres	1.33 metres *	1.25 metres #	1.18 metres #
Long Jump	4.35 metres #	4.10 metres #	3.90 metres	3.55 metres *
Javelin	25.00 metres #	21.10 metres #	17.25 metres #	13.00 metres #
Discus	23.00 metres #	19.10 metres #	16.70 metres #	12.90 metres #
Hammer ^	40.00 metres	35.00 metres	30.00 metres	23.00 metres
Shot	8.20 metres #	7.25 metres #	6.50 metres	5.60 metres *
Pentathlon ^	2500 points	2125 points	1975 points	1700 points
2,000 metres Walk	11 min 50.0 sec	12 min 40.0 sec	13 min 20.0 sec	13 min 50.0 sec
2,500 metres Walk	15 min 00.0 sec	15 min 50.0 sec	16 min 40.0 sec	17 min 30.0 sec

Indoor

60 metres	8.55 sec #	8.80 sec #	9.10 sec	9.50 sec
60 metres Hurdles	9.70 sec *	10.60 sec *	10.80 sec *	11.3 sec *